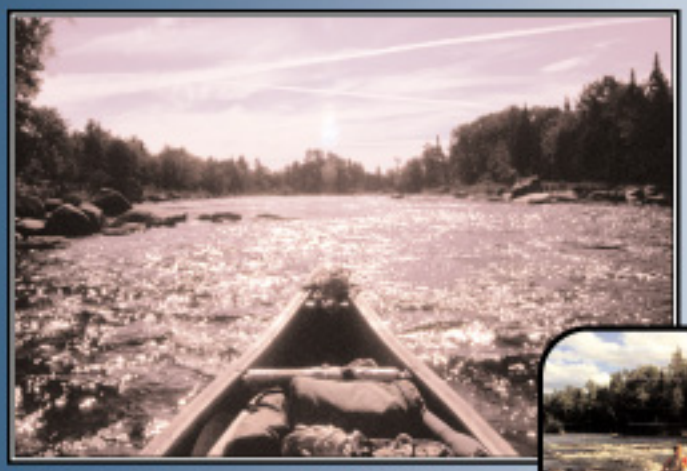
SAINT CROIX RIVER

~ A CANADIAN HERITAGE RIVER ~

ON THE EASTERN MAINE ~ CANADIAN BORDER

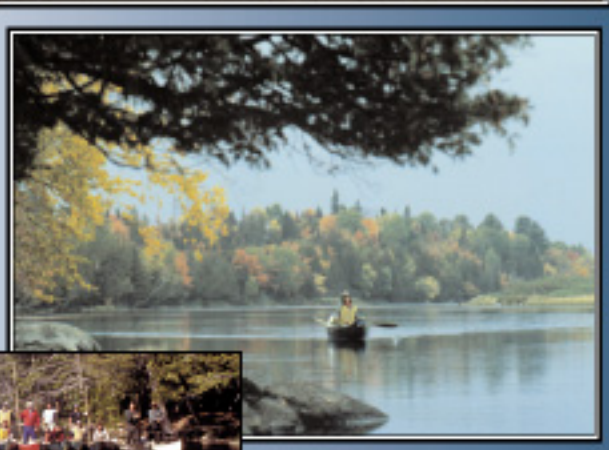
OUR "HOME RIVER" - FOR 35 YEARS



One of Maine's true gems, the classically beautiful Saint Croix rises in an extensive chain of wilderness lakes, and flows through exceptionally beautiful woodlands and vast natural meadows along the Canadian border. The river features an **abundance of easy to moderate whitewater** (I-II), scenic secluded campsites, an easy pace, and excellent cuisine. **It's ideal for novices wishing to perfect technique - especially solo or poling, or for those simply seeking a relaxed and tranquil river sojourn.**

Once used for driving logs - through the remote forested reaches of eastern-most Maine and the Canadian province of New Brunswick, the Saint Croix now has protected status as a ***Canadian Heritage River.*** Noted as one of the few principal nesting areas for the American Bald Eagle, it also has a significant moose population, and boasts superb smallmouth bass and salmon fishing.

THE **4-DAY** ITINERARY permits a relaxed river trip; the **6-DAY** VERSION allows for paddling the headwater lakes and dramatic island camping *(schedule following page.)* Runnable May - October, the river is at its finest in the autumn when its lush and varied forestation gives rise to spectacular *fall foliage*.



Our Home River for over 30 years, parties are typically small, (under 10 people). **Private groups, families, corporate parties, scout groups** - all can be accommodated with customized trips and scheduling, (3-7 days), and priced accordingly. Trips meet either at our lakeside Eastern Maine Base, or in historic Bangor, Maine - evening prior to departure.

ORIG. SUNRISE COUNTY CANOE EXPEDITIONS

~ RIVER GUIDES & OUTFITTERS • SINCE 1973 ~

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MEMBER MAINE PROFESSIONAL GUIDES ASSOC.

The outstanding natural values of the Saint Croix waterway, over 100 miles in length, has been recognized by Maine with a designation of "Gem Status." **The headwater lakes**, East Grand and Spednick, permit several days of wilderness travel. **The river itself** is comprised of numerous, small rapids and fastwater, winding its way along the wild Maine/Canadian border.

As regards level of difficulty, the St. Croix could be considered almost continuous Class I - II+. Lively but not intimidating; it can be enjoyed by a wide range of canoeists, from beginner to expert. It is ideal for teaching technique - especially solo paddling and poling, our specialty. The river is runnable throughout the entire season, May - October.

Camping is at primitive sites along the river - on both the Canadian and U.S. sides. Aside from fire rings (and occasional pit toilet & picnic table), there are no developed facilities. Many of the river camp sites were established by Sunrise guides over the past 30 years, and various maps of the region (including Canadian topos) bear some of the names which we bestowed on these river features. We pride ourselves on our meals. **Fine food,** and company, complement beautiful riverside settings. Dinner is accompanied by fresh baked goods, salads, and wine. Special dietary needs can usually be accommodated.

As the primary outfitter most closely associated with the Saint Croix for three decades, we consider the Croix to be our "trademark" classic Maine canoe trip. Sunrise's historic commitment to the river and our guiding longevity is reflected in the fact that we have served in an advisory capacity to the International Joint Commission on the Saint Croix River.

The Saint Croix is perhaps Maine's best, if not only, choice for an extended canoe trip, with whitewater, in the middle of the summer season and into the fall.

TRIP OPTIONS:

• **4 DAY - RIVER ONLY:** WEDNESDAY TO SATURDAY; arriving either at or our Eastern Maine Base on Cathance Lake, or in Bangor, ME on Tuesday evening. Initial instruction on Cathance Lake Wednesday morning, arriving at the put-in mid-day for our venerable "river-talk." Three nights are spent on river; spending approx. 6-7 hours per day on the water. The final few miles of flat water we paddle Saturday morning providing the perfect opportunity for our traditional "early morning/predawn" paddle; a beautiful and dramatic way to end the trip, (occasionally we opt for a moonlight paddle on Friday night in lieu of the early morning routine.) Participants can expect to be back at base camp by early-mid afternoon Saturday. (Earlier & later pick-ups can also be arranged, especially for private parties.)

• **6 DAY - RIVER AND LAKES:** MONDAY -SATURDAY; Our classic combination, whereby the four day portion above is preceded by two days lake travel and island camping on the spectacular headwater lakes. Six day participants meet on *Sunday* evening, and join up with the river portion mid-day on Wednesday. The balance of the trip is the same as the 4-Day.

• **PRIVATE GROUP, FAMILY, & CORPORATE TRIPS:** Can be accommodated with flexible scheduling starting and ending on *any* day of the week; 3-7 days in duration. Extras available include: airport shuttles, welcome dinner at base, special cuisine, custom beverage selections, and more. Inquire for pricing and scheduling options.

☆ ***2008 WEEKLY TRIPS:*** **Late MAY - Mid-OCTOBER** ☆

4 DAYS (RIVER ONLY) WED-SAT
6 DAYS (RIVER & LAKES) MON-SAT
BASE CAMP ACCOM.
(incl. Breakfast): $35-50 p.p.

• PRICES BASED ON APPROX. $200/DAY P.P.
• INQUIRE FOR DISCOUNTED FAMILY RATES & CUSTOM, PRIVATE TRIP OPTIONS & PRICING

SELECT FALL FOLIAGE DATES
Monday/Wednesday - Saturday
Sept 15/17 - Sept 20
Sept 22/24 - Sept 27
Oct 6/8 - Oct 11

~ Maine's foremost Canoe Outfitter Since 1973 ~

SAINT CROIX RIVER:

• *LOGISTICS & SPECIFICS* •

INCLUDED:

All canoes, equipment (P.F.D.'s, paddles, tents & personal packing gear); all transportation between Base Camp and the river; all meals on river; and the services of professional Registered Maine Guides (client/staff ratio: approx. 4:1) Participants are welcomed to bring any of their own equipment/gear, if suitable; please notate on trip form what you require from us, sizes, etc..

NOT INCLUDED:

Accommodations at Base Camp or Bangor, Maine; shuttle service to Base Camp from Bangor; dinner at base camp prior to trip; personal expenses and purchases; gratuities; liquor. *Private/Custom trips can be arranged to incorporate these services, or they can be arranged at additional cost.*

ARRIVAL & DEPARTURE:

Arrival is the evening ***prior*** to trip starting date. Parties and individuals have the option of meeting either at our Eastern Maine Base Camp on Cathance Lake or in Bangor, Maine. Those travelling direct to Base Camp can arrive anytime after 3 P.M. If parties opt for Bangor, then they should be prepared to leave *early* the following morning for Base Camp (approx. 2 hours drive east), arriving prior to 9 A.M.. *(Travel Directions attached.)* Trips generally arrive back to Base Camp early afternoon on the last day; parties can realistically schedule flights out of Bangor from 4 P.M. onward, (private trips can arrange for a slightly earlier departure time.)

For those flying: Transportation Options from Bangor to Base:

- **Rental Car:** a good option for those extending their vacation exploring the Down East Maine Coast, the Canadian Maritimes, or Acadia National Park & Bar Harbor. Numerous national agencies avail. in Bangor.
- **Shuttle, provided by MB/NL:** We can often meet parties arriving at Bangor airport. Depending upon scheduling, parties ***may*** be able arrange to travel to Base Camp (100 miles each way) with our guiding staff. Shuttles can always be arranged *at additional cost*; please inquire for options.
- **Float Plane Charter:** (approx. 1 hour flight) - directly to our dock at Cathance Lake. Inquire for rates.

FOOD PREFERENCES & ALLERGIES, MEDICAL CONSIDERATIONS:

Most special dietary needs & concerns can be accommodated given notice *(hence our request for timely return of the trip forms.)* Also please list all allergies, and other medical concerns on your trip form.

PACKING CONSIDERATIONS, FISHING LICENSES, CANADIAN BORDER:

A **complete Maine packing list** will be forwarded with your reservation confirmation. Individual river bags, tents, PFD's etc. are all provided, although participants are welcome to bring their own, if suitable. Non-resident fishing licenses may be purchased in Bangor or at Base Camp. Technically, we do not cross the Canadian border; no passports are necessary.

BALANCE OF PAYMENT; TRIP FORMS; & TRIP INSURANCE:

Once deposit is confirmed we will provide trip forms and an optional travel insurance application. *KINDLY FILL OUT ALL THE FORMS PROVIDED AND RETURN THEM AS SOON AS POSSIBLE*. This will enable our guide to prepare for your trip properly. The travel insurance (trip and/or personal insurance protection) is recommended, though **optional.** Trip balances are due in our Maine office **21 days prior to trip departure date.** We prefer checks, but will also accept credit cards (Visa/MC/AMEX)

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4 UNION PLAZA • BANGOR, MAINE 04401 • USA
888-490-9300 • 207-942-9300 • (Fax: 207-942-9399)
WWW.SUNRISEEXPEDITIONS.COM
info@sunriselocations.com

~ Our Eastern Maine Base Camp ~

Washington County - dubbed the "Sunrise County", due to it's location at the easternmost tip of the U.S., boasts one of the largest tracts of unspoiled semi-wilderness remaining in the continental U.S.. It was here, in "Down East Maine", that Sunrise originated in 1973 - our original Base Camp is still located on Cathance Lake, a large, spring-fed, salmon filled lake in the heart of the remote interior.

The set-up is friendly and informal. Accommodations for trip clients are provided in furnished, platform cabin tents; (primitive tent sites are also available for large groups.) There is a sheltered outdoor cooking area, and plenty of available firewood. Arriving the afternoon/evening prior to the trip departure date provides you with a chance to unwind, meet your guides, and to finish your final repacking. Although dinner is not normally provided that night, private parties can arrange for a full-scale, rather "elegant" welcoming dinner, complete with wine and beer, and several courses. Otherwise there are several good Downeast Maine style restaurants, featuring seafood in the coastal town of Machias, about a half hour drive. Breakfast is included on the morning the trip departs.

The charge for Base Camp accommodations is $35.00/night per person. There is a small retail shop on the premises with a selection of last minute accessories; non-resident fishing licenses are also available.

Base is approximately a 2 hr drive east from Bangor, via Route 9, the legendary "Airline"; cutting across the wild sparsely settled interior. For those travelling from out-of-state, late night arrivals are okay; we leave the lamps burning. *(Travel directions are on the following page.)*

Guides at Base ~ 1973

~ Bangor, Maine ~

An historical and elegant old river city, Bangor was once the "Lumber Capital of the World", home to dozens of sawmills, shipyards, and the terminus of the legendary Penobscot "log drives" - Paul Bunyan's statue still graces the entrance to the city. With two rivers running through town, and a restored downtown, Bangor is characterized by an assortment of architectural styles dating back to the 19th century. As the cultural and service center for eastern and northern Maine, there is a full range of accommodations, excellent restaurants, and all retail shops. It is our pleasure to make recommendations. You are also welcome to visit our office - on the Bangor Waterfront (942-9300). Bangor is served by several major U.S. domestic airlines, and is located on Interstate 95, approximately 2 hours from Base Camp and/or the Saint Croix. **Airport pick-up** can also be arranged.

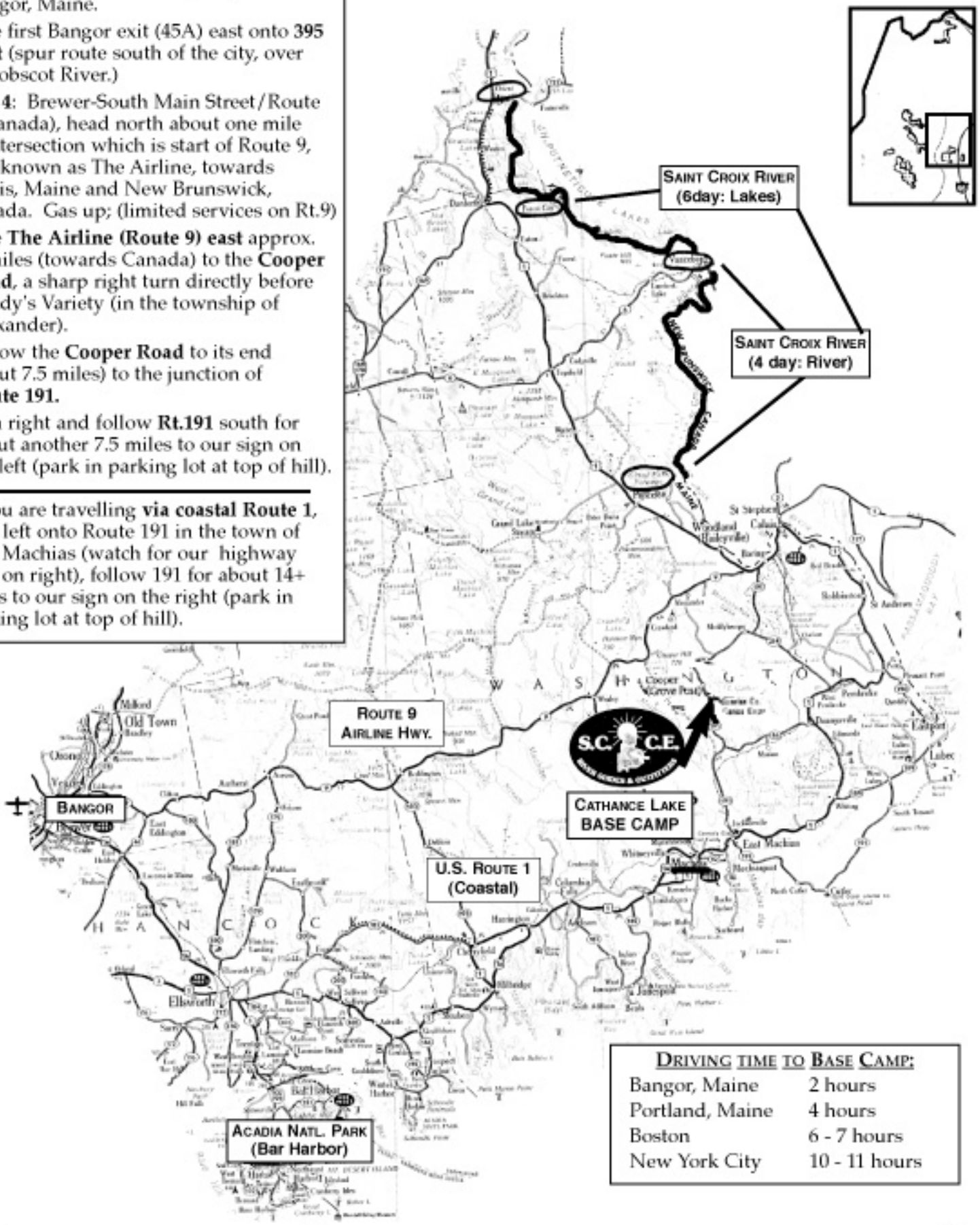
* OUTFITTING SERVICES *

For those wishing to go self-guided we can arrange **Canoe Rentals** (including P.F.D.'s, paddles, setting poles, if desired), **Equipment Rentals**, (including all conceivable camping/river-running, packing gear), **Shuttles** to and from the river, and **Registered Maine Guide Service**. **Maps & Licenses** are available at Base Camp. ***There are numerous non-package options and variations available for large groups in particular*** - utilizing a combination of outfitting services with Registered Maine Guide service. Outfitting clients may also camp, for a nominal charge, either using their own tents, or arranging to use our furnished platform tents, if available. We can also assist with planning other excursions and travel in the Down East Region and the Canadian Maritimes.

BASE CAMP DIRECTIONS

- **Interstate 95** (Maine Turnpike) north to Bangor, Maine.
- Take first Bangor exit (45A) east onto **395 East** (spur route south of the city, over Penobscot River.)
- **Exit 4**: Brewer-South Main Street/Route 9 (Canada), head north about one mile to intersection which is start of Route 9, also known as The Airline, towards Calais, Maine and New Brunswick, Canada. Gas up; (limited services on Rt.9)
- Take **The Airline (Route 9) east** approx. 85 miles (towards Canada) to the **Cooper Road**, a sharp right turn directly before Randy's Variety (in the township of Alexander).
- Follow the **Cooper Road** to its end (about 7.5 miles) to the junction of **Route 191.**
- Turn right and follow **Rt.191** south for about another 7.5 miles to our sign on the left (park in parking lot at top of hill).

- If you are travelling **via coastal Route 1**, turn left onto Route 191 in the town of East Machias (watch for our highway sign on right), follow 191 for about 14+ miles to our sign on the right (park in parking lot at top of hill).



DRIVING TIME TO BASE CAMP:	
Bangor, Maine	2 hours
Portland, Maine	4 hours
Boston	6 - 7 hours
New York City	10 - 11 hours

SUNRISE INTERNATIONAL
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– SINCE 1973 –

• BANGOR OFFICE: 4 UNION PLAZA • BANGOR, MAINE 04401:
888-490-9300 (207-942-9300)
(on the Waterfront)
• EASTERN MAINE BASE *(Cathance Lake-Direct Line)*: :207-454-7708